

CARPAL TUNNEL SYNDROME



The main symptoms of carpal tunnel syndrome, or CTS, include pain and tingling sensation in the fingers, wrists and hands. Patients suffering from carpal tunnel syndrome also experience numbness in the fingers and finger tips, generally all four fingers of each arm, with an exception of the little finger, mainly because a different nerve is responsible for sensation in the little finger.

CTS is caused due to nerve pinching or impingement caused due to repetitive actions of the wrist, fingers and arms. CTS results in swelling around the tendons in the carpal tunnel region which is responsible for the pain, numbness, and tingling sensation in the fingers, wrists, and arms. Carpal tunnel chiropractic treatment involves maneuvering and manipulating the wrists, arms, elbows and upper region of the spinal cord to release the nerve impingement.

Chiropractic therapy could also involve ultrasound therapy and providing wrist supports to patients.

Chiropractic treatment in patients suffering from CTS helps restore full range of motion in the arms, improved finger sensation, nerve sensation, and provides relief from pain, numbness and tingling sensation after repeated sessions.



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